



ONLINE COURSE | Mate Matching 201
WEEK 2: THE CHECKLIST FOR A HUSBAND/WIFE

CHECKLIST

When entering a new relationship—especially one with marriage as the goal—it's important to ask meaningful questions early on. Taking the time to understand each other's values, beliefs, and long-term vision can help build a strong foundation and avoid future misunderstandings.

Here is a list of questions to consider:

1. When did your previous relationship end and why?
 - a. You need to ensure they have fully healed from past relationships or soul ties.
2. Inquire about their family and childhood. Be sensitive to red flags like anger and resentment, for example, toward people/situations in the past.
 - a. Accountable, mature, and healthy people have accepted responsibility for their lives and do not harbor hatred against others.
3. Do you find it difficult to forgive people and/or transgressions against you?
 - a. Someone who won't forgive someone in their past or has extreme difficulty doing so, will eventually find themselves unable to forgive you.
4. Do you have any baggage from past relationships? If so, what steps are you currently taking to heal and grow from them?
5. Are there emotional or spiritual wounds you're still working through?
6. How do you typically handle disagreements or tension?
 - a. This will help you identify how your potential partner expresses themselves during conflict and paves the way to identifying healthy conflict resolution.

